

TRAVEL PREPARATION CHECKLIST

A simple way to review the essentials before and during an international trip.

TRAVEL DOCUMENTS

- ☐ Check passport validity and destination entry requirements.
- ☐ Confirm visas or other required travel documents.
- ☐ Save transport, lodging, and reservation information.
- ☐ Keep secure copies of important documents.

MONEY AND PAYMENTS

- ☐ Review cards, foreign transaction fees, and available credit.
- ☐ Plan a backup payment method and access to cash.
- ☐ Check how your bank handles international ATM withdrawals.

PHONE AND CONNECTIVITY

- ☐ Check roaming, international plan, eSIM, or local service.
- ☐ Download offline maps and essential travel information.
- ☐ Store key contacts somewhere other than your phone.

PACKING

- ☐ Review weather, activities, and carrier baggage rules.
- ☐ Pack medications and essentials in suitable carry-on baggage.
- ☐ Leave practical room for purchases and receipts.

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BEFORE YOU LEAVE HOME

- ☐ Secure your home and arrange mail or delivery care.
- ☐ Share your itinerary and emergency contact plan.
- ☐ Check transportation status, destination weather, and advisories.

SHOPPING ABROAD

- ☐ Understand prices, currency, taxes, and merchant return terms.
- ☐ Keep receipts and supporting documents with purchase records.
- ☐ Record item, merchant, location, date, amount, and currency.
- ☐ Check restrictions before buying items to bring home.

BEFORE YOUR RETURN

- ☐ Review purchases, gifts, and items acquired abroad.
- ☐ Organize receipts, VAT paperwork, and shipping documents.
- ☐ Check current official customs and agriculture guidance.
- ☐ Follow instructions at your point of entry.

PERSONAL NOTES
